

MEDWAY & DISTRICT CALEDONIAN ASSOCIATION

DANCE OF THE MONTH

Month:	November 2021
Dance:	James Senior of St Andrews
Format:	32-bar strathspey 4 couples Set shape: Longwise - 4
Devised by:	Jenny Bradley, RSCDS Nottingham
Publication:	RSCDS Book 42
Comments:	James Senior supported the Society for many years. He welcomed and advised thousands of dancers from all over the world at his legendary shoe shop in St Andrews. He constantly strove to find more comfortable ways to bring elegance and control to unruly feet.

Instructions:

JAMES SENIOR OF ST ANDREWS (S4x32) 4C set

Jenny Bradley RSCDS Bk 42

3s & 4s start on opp sides

- 1- 8 1s & 4s turn RH & cast 1 place, 1s dance 1/2 Fig of 8 round 2s **while** 4s dance 1/2 Fig of 8 round 3s. 2 (1) 4 (3)
- 9-16 1L+4M (prom hold) dance 1/2 reel of 3 across with 3s & 1/2 reel with 2s **while** 1M+4L dance 1/2 reel across with 2s then 3s
- 17-20 2L+1L **also** 4L+3L 1/2 turn RH, twirl & dance out to others place **while** 2M+1M **also** 4M+3M dance clockwise to change places
- 21-24 Repeat with Men turning RH & Ladies dancing clockwise. 2 (1) 4 (3)
- 25-32 1M+4L **also** 1L+4M Set+Link & circle 4H round to left. 2 4 (1) (3)